

**Name John Mears**

**Form**

**If I were to ask a friend they would say this about me**

They would say I am funny, confident, independent and clever.

**What's important to me?**

- To get a good night sleep. I feel I go to bed well too late and then have to get up really early. This affects me in my lessons as I feel droopy and put no effort into my classwork.
- To get a healthy breakfast. Usually I don't get breakfast because I don't put the effort into getting breakfast. During some lessons I can only think about getting some food at break or lunch and therefore my classwork suffers.
- To get good exam results. In the past I have not got good enough exam results. I feel I don't revise enough for the exams because I don't put the effort in and would rather play on my laptop or PS3.

**I may need support with**

- Encouragement from teachers and constructed criticism.
- Send me to bed at a reasonable time so I am allowed to have a good night sleep.
- Either give me some breakfast or remind me to get breakfast.
- Help me to revise for exams and teach me new techniques to revise or remind me to revise and supervise me.